



Agape Clinics PLLC (Allergy & Pediatrics)

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Allergy Testing Information and Antihistamine Recommendations

If your allergist determines you need same day testing during a visit, below are recommendations on medications that might interfere with the test results.

- Allergy testing is typically performed on the hands and back
- Wear comfortable clothing
- Do not apply creams, lotions or body oils 24 hours before skin testing

Medications to stop 7 Days Prior to Testing

• Cyproheptadine (Periactin) • Desloratidine (Clarinex)	• Hydroxyzine (Atarax/Vistaril) • Levocetirizine (Xyzal)
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Medications to stop 5 Days Prior to Testing

Sedating Allergy Medications (All Forms) • Advil Allergy • Alahist • AlleRX • Allergy Relief Medication • Brompheniramine (Bromfed) • Carbinoxamine • Chlorpheniramine • Clor-Trimeton • Diphenhydramine (Benadryl) • Doxylamine • Extendryl	• Ketotifen • Palgic • Polyhistine • Pyrilamine (also found in Midol) • Tylenol Allergy
Non-Sedating Allergy Medications (All Forms) • Cetirizine (Zyrtec) • Fexofenadine (Xyzal)	• Loratadine (Claritin)
Nasal Sprays • Azelastine (Astelin, Astepro) • Dymista	• Olopatadine (Patanase)
Stomach Acid /Ulcer/GERD Medicines • Cimetidine (Tagamet)	• Famotidine (Pepcid)
Cough/Cold/Sinus Medicines • Actifed • Advil Cold/Sinus • Aleve Cold • Alka Seltzer Plus/Cold • Allerest • BC Cold Powder • Benylin Cough • Comtrex • Contac • Coricidin • Co-Tylenol	• Norel SR/MD • Nyquil • Pediacare • Percogesic • Phenyltoloxamine • Robitussin (many forms) • Rondec • Rynatan/R-Tannate • Semprex-D • Sinutab • Sudafed Cold + Allergy • Tanafed

• Dimetane • Dimetapp • Drixoral	• Theraflu (All forms) • Time Hist • Triaminic (All forms) • Tussionex • Tylenol Cold+Sinus • Vicks 44 M • Zicam
Sleep Aids • Advil PM • Alertec (Modafinil) • Doxepin (Sinequan) • Doxylamine • Excedrin PM	• Night Time Sleep Aid • Nytol • Sominex • Tylenol PM/Tylenol Sleep
Anti-nausea/Vertigo Medicines • Chlorpromazine • Dimenhydrinate (Dramamine) • Meclizine (Antivert)	• Promethazine (Phenergan) • Prochlorperazine (Compazine)
Allergy Eye Drops • Alcaftadine (Lastacaft) • Epinastine (Elestat)	• Azelastine (Optivar) • Ketotifen (Zaditor, Alaway, Zyrtec) • Bepotastine (Bepreve) • Olopatadine (Patanol, Pataday, Pazeo)
Itch Relief Medicines • Diphenhydramine (Benadryl)	
Others • Cyclobenzaprine (Flexeril)	• Baclofen
Discuss the following Medications with your doctor before stopping: <u>Antidepressants</u> • Mirtazapine (Remeron) • Doxepin (Sinequan) • Imipramine (Tofranil) • Nortriptyline (Pamelor) • Quetiapine (Seroquel)	

Please continue taking all other medications as prescribed

Call Agape Allergy (336 733 9016) with any questions on these medicines